



VANCOUVER ACTIVITIES 2014



Campers attending the Tamwood Summer Camp at Simon Fraser University in Vancouver do a variety of instructional, cultural, recreational, social, and sightseeing activities each week. These activities, events, and excursions can be grouped into four categories:

- **Day Time Instructional Activities** –campers select or are assigned to one of these activities three half days per week.
- **Evening Activities** – all campers living in residence take part in a social and/or cultural evening activity each evening.
- **Excursions** –campers go on one evening excursion, one or two half day excursions, and one full day sightseeing/cultural excursion each week.
- **Optional Activities** – on Sunday, students who are staying for the following week can do one of the optional activities offered that day. Most have an additional cost, but we always offer a minimum of one free option each week.

Please refer to our weekly schedules for the Vancouver SFU Camp, available on our website, to see which activities and excursions are offered each week. Below are detailed descriptions of the activities and excursions listed in the schedules for the coming summer.

DAYTIME INSTRUCTIONAL ACTIVITIES

At the Vancouver Camp, there are 4 activities offered during each on-campus activity period: Creative, Athletics, Adventure, and Waterfront.

Creative: campers can make an iPod/iPhone case to take home, take part in drumming workshops and hip hop dance classes, build with clay, learn to paint, etc.

Athletics: includes soccer, Frisbee games, field hockey, basketball, tennis, badminton, baseball, etc.

Adventure: includes mountain biking and hiking.

Waterfront: includes lake kayaking, swimming, and skimboarding at the beach.



Creative crafts



Kayaking



Mountain Biking



Athletics

EVENING ACTIVITIES

Tamwood Capture the Flag

This is an 'all-camp event' held every Sunday as a welcome activity. Campers will be grouped together and teams will have an opportunity to get to know each other while also having fun! Groups are led by counselors and each team can dress in a particular color to build the team spirit! Each team will have to work together to protect their own flags while also trying to capture the other teams flags without being caught!

Email and Sports Night

Campers will split into 2 groups: one group will head to the computer lab to spend time emailing family and friends, while the other group has the option to play games outside such as soccer, Frisbee, badminton, and field hockey. Creative options such as making jewelry or mosaics will also be available for campers who prefer quieter activities. The groups will switch mid-way through the evening.

Tamwood Carnival

The Carnival consists of several stations campers work their way through. Each camper will receive 10 tickets at the start of the evening. Each game will cost a certain number of tickets, but campers can earn more tickets as they win Carnival games! At the end of the evening, campers can trade their ticket for various prizes. Stations include coin toss, face painting, musical chairs, fortune telling, bobbing for apples, golf putting, mini bowling, bean bag toss, etc.



Bean Bag Toss

Tamwood Talent Show

A signature Tamwood event, the Talent Show brings campers together with the opportunity to get up on stage! Campers can sing, dance, perform a skit, play an instrument, do group karaoke, etc. Our Counselors will also perform to encourage participation! This is a great night of laughter and fun.

Crazy Olympics

This event will begin with campers being split into teams. Teams will then take on a variety of sport-related challenges, competing against the other teams for bronze, silver, and gold medals.

Tamwood Wacky Fashion Show

Come join us for a fun filled evening where the campers will transform into the designers, models, and judges for Tamwood Fashion Week. Given a limited number of creative supplies, teams will have a time limit to create the most creative and fashionable outfit they can. One team member will model the outfit down the red carpet runway and the audience will be the judge!



Tamwood Game Show Night

Campers will get to participate in an evening of fun as contestants on a wide variety of well-known game shows. Featuring popular games shows such as Minute to Win It, the Price Is Right, and Jeopardy, Game show night is guaranteed fun for everyone!

Disco Night

Saturday night is Disco Night! Dance competitions and 'best costume' are always part of the fun. The Tamwood Disco is held on campus and is always a good chance to take pictures and say goodbye to new friends. For campers who prefer quieter activities, games will be set up adjacent to the dance floor. Themes include:

Cowboy and Cowgirl Disco: Campers can dress up as cowboys and cowgirls for this western-style night. Yeehaww!

Hollywood Glamour Disco: Campers can wear their fanciest Hollywood outfit to dance away the evening.

Hawaiian Disco: Bring your tropical shirts and hula skirts!

Rockstar Disco: Campers can dress up as their favorite singer or band to 'rock' the night away!

Halloween Disco: Campers and Counselors will dress in their best costumes of any kind for a special scary Halloween party!

Pirates and Treasure Disco: Ahoy, Matees! Campers are welcomed to the Island where they can dress like a pirate!



Conversation Club

Conversation Club is generally held every evening (except Saturday) after Evening Program. This is a time when Counselor Groups wind down together at the end of the day to practice English in a casual, comfortable environment. Groups meet in residence and start by learning a new 'word of the day', followed by group icebreakers and name games and then an activity to do together as a group. Some weeks, groups will prepare for special events like the Fashion Show or the Talent Show, while other weeks groups will work on English vocabulary games and practice speaking and getting to know each other. At the end of the hour, counselors inform campers of the next day's events and how to prepare, what to bring, etc.

EXCURSIONS

Evening Excursion: Vancouver Canadians Baseball game

Campers will spend the evening cheering for our local team at Nat Bailey stadium, where everyone gets involved doing the wave and watching sideline performances.



Evening Excursion: Bowling Night at Rev's

Campers will travel a short distance on the bus for a fun-filled evening of bowling and team bonding!



Evening Excursion: Shopping at Metropolis at Metrotown and the Richmond Centre

Campers will enjoy an evening of shopping at some of Vancouver's largest malls.

Half Day Excursion: Vancouver Lookout and Olympic Cauldron

Harbour Center is the best place in town to view the city of Vancouver! This is followed by a trip up to Gastown, which is the city's oldest neighbourhood, and Olympic Plaza, which was the epicenter of the 2010 Olympic Games.



Half Day Excursion: Vancouver Aquarium & Stanley Park

Located right in the heart of the city, Stanley Park is fun to explore while the Aquarium provides campers with a chance to see West coast marine creatures, such as beluga whales, dolphins, octopus and otters.



Half Day Excursion: Aquatic & Leisure Centre

Campers will spend some time at this fun and adventurous pool, complete with slides, lazy river and pool games.

Half Day Excursion: Granville Island Market

Granville Island is nestled between 2 major bridges in Vancouver and is the site of a big indoor market, shops, restaurants, live entertainment and places to sit and watch the sailboats go through False Creek.



Half Day Excursion: Science World

Campers can experience the OMNIMAX theatre, as well as science inspired activities and games.

Half Day Excursion: Vancouver Art Gallery and Shopping on Robson Street

Through cutting-edge exhibitions, the Vancouver Art Gallery features the work of leaders in the field of contemporary art and Vancouver's own internationally renowned artists, including Jeff Wall, Robert Davidson, Stan Douglas, Rodney Graham, Gathie Falk, Roy Arden and Brian Jungen, serving as a portal for their remarkable achievements while furthering British Columbia's artistic legacy. Campers will finish their day on Robson Street, one of Vancouver's most famous shopping districts.

Half Day Excursion: Capilano Suspension Bridge

Campers will travel by bus to visit one of Vancouver's most famous tourist attractions. The suspension bridge stretches 450



feet (137m) across and 230 feet (70m) above Capilano River. Campers will have fantastic photo opportunities on this afternoon in North Vancouver.

Half Day Excursion: Burnaby Village Museum & Heritage Carousel Ride

Campers will travel a short distance to this community museum with an outdoor collection and exhibit areas along with an archives, gift shop, gallery. They will also have the chance to ride the restored 1912 C.W. Parker Carousel, which is located on the grounds of the Burnaby Village Museum.



Half Day Excursion: Queen Elizabeth Park and Bloedel Conservatory

Queen Elizabeth Park, Vancouver's horticultural jewel, is a major draw for floral display enthusiasts and view-seekers, and as a popular backdrop for wedding photos. At 152 metres above sea level, it's the highest point in Vancouver and makes for spectacular views of the park, city, and mountains on the North Shore. Bloedel Conservatory is a domed lush paradise located in Queen Elizabeth Park with more than 100 free-flying exotic birds, 500 exotic plants and flowers, and koi fish thrive within its temperature-controlled environment.

Full Day Excursion: Playland Amusement Park

Excitement and wonder await Campers on Playland's rides! From the hair-raising Crazy Beach Party to the wet'n'wild Flume, Playland has a variety of screaming options! Campers will end their day on Robson street, for some shopping and snacks.

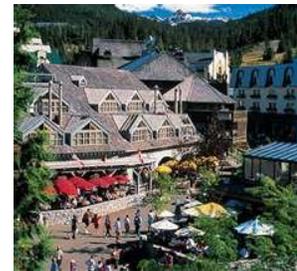


Full Day Excursion: Grouse Mountain & Robson Street

Campers will travel to North Vancouver for the wilderness paradise, just 15-minutes from downtown. Grouse Mountain is known as the 'peak of Vancouver' and offers a variety of outdoor activities with a great view of the city and surrounding mountains. Campers will then embark on a boat tour of Vancouver's harbor to see the city from a unique perspective!

Full Day Excursion: Whistler Mountain Gondola & Village tour

Whistler is home to the 2010 Olympic Games and a fun, vibrant town to explore. Campers will experience the top of Whistler Mountain by taking the Gondola ride and complete the day with a tour through the village.

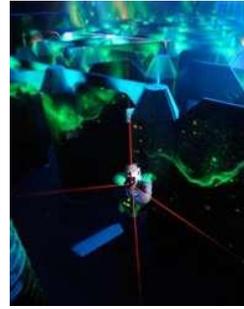


Full Day Excursion: City of Victoria

Victoria, the capital city of BC is known for its beautiful waterfront setting. The campers will enjoy a trip through the Royal BC Museum followed by time to shop and explore.



OPTIONAL ACTIVITIES



Cinema

Spend an afternoon taking in a film with some popcorn!

Cost: \$15.00

Playland

The amusement park where the Pacific National Exhibition is held. Admission price includes unlimited access to the rides.

Cost: \$35.00

Horseback Riding

Two hour trail ride through beautiful valleys with experienced guides.

(Minimum of 15 people)

Cost: \$80.00

Whale Watching (on Victoria excursion only)

While on the Victoria trip the students have the option of going on a 3 hour whale watching tour (price based on minimum of 11 students)

Cost: \$110.00

Laser Tag

This exciting, fast paced game is held in Vancouver's best indoor maze.

A minimum of 10 people required.

Cost: \$10/ 1 game

\$25/ 3 games

Ice Skating

Experience one of Canada's classic winter sports! Skating is held at Burnaby's huge indoor rink complex. Price includes skate rentals.

Cost: \$10.00



Indoor Rock Climbing

A massive indoor climbing center with qualified staff and a selection of different climbs to try out (price is for 2 hours and includes all gear)

Cost: \$25.00

Vancouver Zoo

See Ring-tailed lemurs and other exotic animals.

Cost: \$25.00

River Rafting

A thrilling adventure, this all day rafting trip includes lunch and a snack.

Cost: \$110.00

Rollerblading or Biking Stanley Park Seawall The seawall wraps around Stanley Park and has great views of the city and Lions Gate bridge! Campers can choose to rent a bike or blades and travel on the flat, smooth surface.

Cost: \$25.00

Stanley Park Pitch & Putt A beautiful 18 hole Par 3 course for campers interested in practicing their golf swing!

Cost: \$25.00

Capilano Suspension Bridge

The Capilano Suspension Bridge is a simple suspension bridge crossing the Capilano River in the District of North Vancouver, British Columbia, Canada. The current bridge is 140 metres long and 70 metres above the river and draws over 800,000 visitors a year.

Cost: \$25

